

# Soul Healing: Forgiveness & Giving and Taking Back Energy

*A 6 week e-mail and phone course to learn and engage in a multidimensional process of soul healing that will change your life.*



The course is built around teachings from Djehuty (a.k.a. Thoth and St. Germain) I've channeled that emphasize the importance of the two major themes of the course: First, to evolve and heal at this time we must forgive ourselves and all others for all that we and they have done. It is time to see the truth of why we have created our experiences and stop blaming ourselves and others for what has happened in our soul's many lives.

Second, it is imperative that we learn now to give energy back to and take it back from those with whom we have been closely involved. When a relationship ends or when a loved one dies, we need to do this so that all involved can move on. This applies to this life and to all other lives, and it affects our health on all levels. We now need to release the cords that linger and persist between us so we can continue along our respective evolutionary paths.

I will lead you through a process utilizing channeled meditations (MP3s), written channelings from Djehuty, et al., and homeplay questions you do at your own pace to serve each of these two ends.

*Join me for this powerful healing opportunity to benefit your life now and the soul behind it.*

## **Details:**

*Themes:* Forgiveness and Compassionate Acceptance of Self and Other, Giving Energy Back to and Taking Energy Back from Others.

*Duration:* 6 Weeks beginning Saturday, February 4<sup>th</sup>, 2012. There are three scheduled group calls – Saturdays February 18<sup>th</sup>, March 3<sup>rd</sup>, and 17<sup>th</sup> at 10 AM Pacific/1 PM Eastern – you do the rest at your own pace.

*Format:* Meditation MP3s, weekly e-mails, biweekly conference calls, and support from me over e-mail. Meditations and weekly channelings will be sent on Saturdays.

## *Materials You Will Receive:*

- 1) a series of recorded channeled meditation MP3s for daily use,
- 2) a weekly written channeling on the theme of the week, and
- 3) weekly written homeplay questions for your own inner exploration and healing on the theme of the week.

You will do the course work at your own pace. Expect to spend a half hour most days doing the course work. Every other week we will have a conference call during which I will answer your questions about the processes you will be going through and we will share notes. Even though the process for each person is unique, feedback from me and community is very important as we choose to experience these healing processes.

Group conference call dates: Saturdays February 18<sup>th</sup>, March 3<sup>rd</sup>, and 17<sup>th</sup> at 10 AM Pacific/1 PM Eastern.

**Note:** These three dates are the only scheduled commitments during the course. Everything else will be at your own pace.

I will be available during the six weeks to answer questions about your experience over e-mail. If I feel that your question and my answer would benefit the other participants, I may ask your permission to share it with them in the spirit of supporting others in understanding their own process.

This course is for everyone willing to change life for the better.

What students are saying:

- *This course is pretty amazing. I'm really loving the changes it is bringing about.*
- *I'm really enjoying the meditation and course work...so enlightening and wonderful.*
- *This is beautiful. Never felt right about "cord cutting" and LOVE the reframe of "taking back and giving back energy" – that feels most authentic.*
- *Thank you for the work you have been doing - it is making a big difference in my life and in turn that spirals outward!*
- *I appreciated the space you created for us all to voice our thoughts/feelings with regards to our individual and collective processes.*

Investment: \$195. Checks and PayPal accepted.

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Contact me at [tom@tdjacobs.com](mailto:tom@tdjacobs.com) with questions and to register.